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# Study strategy training

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Study strategy training is a specific type of study assistance. It involves acquiring and developing competencies necessary for successfully studying at the university and fully engaging in the academic community. It typically involves the following activities with regard to the specific category of students with special needs:

- students with visual impairments – training with special devices, training on effective work with tactile documents, etc.,
- students with hearing impairments – improving competencies necessary for effectively working with written texts (including academic reading and writing), effectively using sign language in the academic environment, and generally competencies necessary for successfully studying at the university, including the effective use of interpreting, transcription, and notation and other service and organizational measures,
- students with physical impairments (mainly upper limbs) – training on effective work with IT or other compensatory devices,
- students with specific learning disorders – strategy training during work with texts (effective reading, orientation in documents of various types and various lengths and structures), training on work with IT technology for checking the accuracy of a text,
- students with psychological disorders, autism spectrum disorder, or other disorders – strategy training for the effective use of time relating to studying, planning study obligations, and managing social skills, etc.
- students in English


Study strategy training takes place mainly in the form of individual consultation (one-time or on a regular basis). The service is organized by professional workplaces at Charles University, and the list of these workplaces is provided below.

With regard to your needs, the appropriate workplace is consulted with a functional diagnostician, the faculty contact person for students with special needs, or the coordinator of assistance services at the Carolina Centre (Veronika Kubíková, [veronika.kubikova@ruk.cuni.cz](mailto:veronika.kubikova@ruk.cuni.cz)).

## Students registered in all categories

Academic writing (work with professional texts)

Contact person:

	<b>Mgr. Jakub Bachtík</b> <a href="mailto:jakub.bachtik@gmail.com">jakub.bachtik@gmail.com</a>
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Services provided:

- Advice relating to the structuring of written texts and formal requirements

## Students with psychological disorders

Faculty of Education Counselling Centre

Contact person:

	<b>PhDr. Pavla Presslerová, Ph.D.</b> <a href="mailto:pavla.presslerova@pedf.cuni.cz">pavla.presslerova@pedf.cuni.cz</a> Address: PedF UK, Katedra psychologie, Myslíkova 7, Praha 1, (3 <sup>rd</sup> floor, room M307, or Akademická poradna PedF, Spálená 10, Praha 1)
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Services provided:


- Individual consultations

- Stress management techniques
- Development of social skills that students use in communicating with instructors
- Development of effective exam preparation techniques

## Students with psychological disorders and specific learning difficulties

Faculty of Education Counselling Centre

Contact person:

	<p><b>Mgr. Lenka Vidršperková</b>  <a href="mailto:lenka.vidrsperkova@pedf.cuni.cz">lenka.vidrsperkova@pedf.cuni.cz</a>  Office hours: Wednesday (15:00 - 17:00): <b>by prior arrangement</b>  Address: Katedra psychologie PedF UK (Myslíkova 7, 110 00 Praha 1), or online (Zoom)</p>
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Services provided:

- Analysis of learning styles and learning strategies
- Stress management techniques

## Students with hearing impairments

Institute of Czech and Deaf Studies

Contact person:


	<p><b>Mgr. Kateřina Holubová</b>  <a href="mailto:katerina.holubova@ff.cuni.cz">katerina.holubova@ff.cuni.cz</a>  Office hours: <b>by prior arrangement</b></p>
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Services provided:

- Individual consultation (general advice relating to studies)
- Courses for students with hearing impairments
- Language courses
- Specific services according to the individual requirements of students

## Students with autistic spectrum disorder

Contact person:

	<p><b>Mgr. Hana Krajčíková</b>  <a href="mailto:hana.krajcikova@ruk.cuni.cz">hana.krajcikova@ruk.cuni.cz</a>  Office hours: <b>by prior arrangement</b></p>
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I graduated in Special Pedagogy at the Faculty of Education at Masaryk University in Brno. For several years I worked with children with hearing impairment. I led summer camps and leisure clubs for students with autism spectrum disorder. For the last 4 years I have been creating individual plans and setting up support measures for students with autism spectrum disorder. My current focus at Carolina Center is on learning strategies training.

Services provided:

- Study strategy training
- Development of social skills that students use in communicating with instructors