Centre for the Care for the Soul

On February 1, 2023, the Centre for the Care for the Soul of Charles University was established. In this way, we want to supplement the services offered so far with broadly conceived spiritual care. The center is non-denominational and inter-religious.

What we offer?

• We are dedicated to spiritual accompaniment, counseling and therapy of people from secular and different religious areas.
• We organize interactive courses, public lectures, discussions and workshops, stops with meditation. We offer conversations on spiritual searching, problems and questions concerning spirituality.
• We connect care for spiritual life, resilience, value orientation and interpersonal relationships.
• We create a low-threshold space for people from different backgrounds and fields, cultures and religions.
• We support the meeting of Czech and foreign academic communities.

You can make a reservation here: Reservation app

Our counselors for spiritual care

<table>
<thead>
<tr>
<th>Prof. Ivana Noble, PhD.</th>
<th>doc. Tim Noble PhD</th>
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<tbody>
<tr>
<td><a href="mailto:noble@etf.cuni.cz">noble@etf.cuni.cz</a></td>
<td><a href="mailto:timnoble@tiscali.cz">timnoble@tiscali.cz</a></td>
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<td>Termíny: Wednesday, 10-12, every second week</td>
<td>Termíny: Thursday, 10-13, every second week</td>
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<td>Místo: Hybernská Campus, entrance 2D, 1. floor on the right</td>
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I studied theology at the Hussite Theological Faculty of Charles University, at the Ecumenical Institute of the World Council of Churches in Bossey, and gained my doctorate at the Jesuit-run Heythrop College, University of London. Currently I teach theology at the Protestant Faculty of Charles University, where I am director of the Ecumenical Institute. I am interested in the Christian East, anthropology, relation between spirituality and human health. I am also a priest in the Hussite church, have a long experience as a spiritual director of people from different religious and non-religious backgrounds. I give retreats, courses on meditation, courses integrating spiritual life and art. Kolín Monastery and Fortna are among places I collaborate with. I also have an experience with supervision and further education of spiritual directors, and since 2006 am a member of Spiritual Directors Europe.

Spiritual Direction

I am a lecturer in theology at the university. I have been involved in spiritual conversations with people for something like 40 years, in different places and formats. Originally from the United Kingdom, I have lived in the Czech Republic for over 20 years. Prior to that I lived also in Brazil. I will be available if you want to talk about anything “spiritual”, your life, where it is going, how to make it meaningful for you and for others, what its ultimate goal is.

Direç?o espiritual

Further spiritual support
The Roman-Catholic Academic Parish of Prague

- St Salvator (Holy Saviour) Church
  Křižovnické nám., 110 00 Prague 1
- Phone: 724 367 681, 222 221 339
- E-mail: info@farnostsalvator.cz
- Web: http://www.farnostsalvator.cz/en

Activities available for foreign students:
- Meditation (silent)
- Holy Mass (in Czech)
- Gregorian chant (latin)
- Sport activities
- Education courses for adults
- Spiritual meetings
- Spiritual Exercises, Concerts, Exhibitions etc.

More information about current events can be found on the parish website.