Providers of psychological counseling for students with special needs

Mgr. Veronika SlávikováCoordinator of support for students with mental health difficulties at the Carolina Centre



veronika.slavikova@ruk.cuni.cz

My five-year psychology studies were my first step in discovering myself and, through that, the people around me. After studying in Bratislava, I moved to Prague, where I completed training in crisis intervention, online counseling, and individual coaching. I lead workshops on topics such as emotions, self-love, authenticity, stress management, breathing, and mindfulness. I have experience working with people with mental health difficulties and with survivors of domestic violence. For many years, I have worked with adolescents and young people in crisis situations and difficult life periods.

I am interested in a holistic approach to people, combining bodywork with coaching and counseling techniques. Together with clients, we create a supportive space and seek unique resources for navigating their authentic path through life's challenges.

I currently work as a coordinator of support for students with mental health difficulties at the Carolina Centre, lead workshops for secondary schools, and run my own coaching practice.

Mgr. Karolína VeličkováCoordinator of support for students with mental health difficulties at the Carolina Centre



karolina.velickova@ruk.cuni.cz

I studied Psychology at Palacký University in Olomouc (Bc.) and Masaryk University in Brno (Mgr.). I completed comprehensive training in crisis intervention and further developed my experience in the NGO Úsměv mámy, which focuses on maternal mental health. As a volunteer coordinator at DC MUNI POMÁHÁ, I cared for the volunteer community and its mental health through educational activities and methodological support. I also gained experience in the social enterprise Teamium, where I provided individual consultations, facilitated group meetings, and focused on education and team cooperation.

Gradually, I shifted my attention more towards individual coaching. With clients, I focus on working with difficult-to-grasp topics – together, we find ways to clarify and address them so they can strengthen their authenticity, competencies, and broaden their possibilities and potential.

At present, I focus mainly on individual coaching consultations while also working as a psychologist for students with special needs at the Carolina Centre.

Mgr. Matyáš Műller, MSc., Ph. D.



matyas.muller@ruk.cuni.cz

I originally came to mental health care through anthropological studies of the diversity of approaches to the soul and its illnesses across cultures. After retraining, I worked in community services for clients with mental illness (Fokus). Afterwards, at the National Institute of Mental Health, I was engaged in research and public education in connection with the Mental Health Care Reform. At the same time, I completed comprehensive training in biosynthetic psychotherapy. In the spirit of this approach, I like to include, for example, work with breathing, movement, relaxation, and mindfulness in counseling sessions. Students often come to me overwhelmed by the demands of their studies, which are often made more difficult by anxiety, self-doubt, difficulties with attention and willpower, psychosomatic problems, feelings of being different, and the search for their own identity. Acute stress situations are also often among our topics. I support my clients in finding their own life strength, which they need to make their way out of a difficult situation.

If you decide to contact me, please briefly write about what you are struggling with, which faculty you are from, and whether you have the status of a student with special needs or not. You can find me at Čistovická 11 in Bílá Hora, on the premises of the Psyon clinic. I will provide details about how the service works at the first meeting.