

Coaches


Contacts:

	Jakub Fiala 39731407@cuni.cz ? +420 608 779 861 ? Kartouzská 4, Prague 5 – Anděl
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Focus on:

I provide psychotherapy, coaching, and facilitation of support groups. I focus on supporting clients in overcoming difficult life situations and finding paths toward meaningful change. I strive to create a safe, accepting environment for all clients, supporting authenticity, and I am queer-friendly. In my work I use the Solution-Focused Brief Therapy (SFBT) approach and I am a full member of the Czech Association for Psychotherapy (ČAP).

I run a private practice in Prague 5 and have long collaborated with the CU Point Counseling Centre. For more than ten years I worked at the Faculty of Arts, Charles University, as a lecturer, secretary, and in many other roles. [More information about me.](#)

	Lenka Slavíková lenka.slavikova@ruk.cuni.cz ? Centrum Setkání, Emmaus Monastery, Vyšehradská 49/320, Prague 2
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Focus on:


I specialize in career counseling, psychological coaching, employee selection and development, and body-oriented psychotherapy.

For CU Point, I provide personality and career aptitude diagnostics as well as individual coaching.

I first studied Sociology at the Faculty of Arts, Charles University, and later single-subject Psychology at the same faculty. I began my career in applied research on working conditions at the Research Institute of Labour and Social Affairs. Later, I moved into consulting in HR at Assessment Systems. I completed a one-year training in psychological coaching (Qed Group). I have worked in employee selection and development as well as psychodiagnostics.

During parental leave, I completed a five-year training in Integrative Body-Oriented Psychotherapy (Czech Association for Body Psychotherapy) and expanded my practice to therapeutic work with psychosomatic patients. For several years, I worked in healthcare at the Centre for Comprehensive Care in Dobřichovice as a psychotherapist and coach.

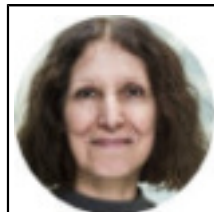
Currently, I run a private practice in Prague and Řevnice and cooperate externally with CU Point.

	Veronika Sláviková veronika.slavikova@ruk.cuni.cz ? +420 224 491 759 ? Školská 13a, Prague 1
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Focus on:

My five-year psychology studies were my first step to discovering myself and, through that, others. After studying in Bratislava, I moved to Prague, where I completed training in crisis intervention, online counseling, and a one-year individual coaching course with Qed Group. Coaching impressed me so much that I continued with certified non-formal training in eco-coaching, social coaching, and self-coaching in various European countries.

For me, coaching is a set of tools that increase awareness and sensitivity to our lives, helping unlock human potential toward vitality and health. In my practice, I also work with emotions and the body, always within a safe space.

**Silvie Nedvěďová**

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? Školská 13a, Prague 1

Focus on:

I studied at the Faculty of Education, Charles University. I have taught, worked in a pedagogical-psychological counseling center with children experiencing school difficulties, and in both the non-profit and private sectors. I have completed long-term trainings in client-centered therapy, telephone crisis intervention, and an ICF- and Ministry of Education–accredited coaching program.

I have worked at CU Point since 2008, and since 2012 as Coordinator of the Carolina Centre counseling services and as a coach.

**Klára Neumannová**

? Školská 13a, Prague 1

?? Appointments available in the registration system

Focus on:

I help my clients navigate their personal and professional lives using classical coaching techniques as well as intuitive body awareness through somatic coaching. Together, we focus on topics such as achieving goals, developing potential, and relationships.

I earned my Master's degree in Social Pedagogy at Charles University. During my studies, I completed comprehensive training in crisis intervention. For six years, I worked as a consultant on a crisis hotline and provided counseling in schools. I have also worked to make psychological support and mentoring more accessible to socioeconomically disadvantaged groups.

I am currently undergoing training in somatic coaching and believe that together we can find ways toward genuine change and development in your life.

**Karolína Veličková**

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Focus on:

I am a psychologist and coach. I studied Psychology at Palacký University in Olomouc (Bc.) and Masaryk University in Brno (Mgr.). I was drawn to coaching by my interest in the practical application of psychology – I appreciate its authenticity, depth, focus on self-development, and relevance for everyday life. I completed a coaching training program with Praktická psychologie s.r.o., which is grounded in ethical principles and a sensitive approach to clients.

In coaching, I work across a wide range of topics – particularly those related to performance demands (at work or in study), FOMO, self-concept, self-confidence, time management, volunteering, life transitions, and other areas that deserve attention, understanding, and deeper exploration.

What I value in coaching is that its content is created by the client – through their own words, topics, and story. I am not here to give universal advice, but to explore together the possibilities that arise from their unique world – truly tailor-made. And yes, emotions belong in coaching as well – they are our guides, and together with reason, they form an important part of the process.