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# Support and therapeutic groups

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Opened Support Group This support group offers a space to talk things through with others and find support, inspiration, and relief.

[More information here](#)

Support group for students with ADHD Open to everybody dealing with ADHD (you don't need to have an official diagnosis to join the group).

Every second Thursday from **3 to 5 p.m.** at Hybernská Campus, Poradna CR (entrance D on the 3rd floor). The group starts on **October 23rd 2025**, and future meetings are: **November 6th 2025, November 20th 2025, December 4th 2025, December 18th 2025**.

More information [here](#) .

Information about other open support groups for Charles University students can be found [here](#) .